The aim of the game is to gather as many points as possible by finding the object before the rest of the players. Winners go on our social media and prizes are to be given.

Family Scavenger Hunt

Monday, July 13
4 - 4:30 p.m.

SGA First Time Attendee

Attend to learn more about SGA as well as meet others that are new to our events.

Tuesday, July 14
4 - 4:30 p.m.

Beginning Yoga & Meditation for Your Family or You

It’s time to roll out your yoga mat and discover the physical & mental exercises that have hooked yoga practitioners around the world. Yoga has the power to calm the mind and strengthen the body.

Wednesday, July 15
4 - 4:30 p.m.

Sippin with SGA

Learn how to make three fun drinks.

Thursday, July 16
4 - 4:30 p.m.

Virtual Lounge: Week 1 | July 13 - 16
Virtual Lounge: Week 2 | July 20 - 23

Bring Your 4 Legged Co-worker(s) to the NGC Academy
Show your 4 legged co-worker(s) on GoTo to your fellow SGA members and share funny stories about your pet during quarantine. Put on our social media.
Monday, July 20
4 - 4:30 p.m.

Understanding Your SGA Member Benefits
Learn about the various ways to engage with SGA. From volunteering, leadership development, promotion of your business, sponsorships, and more.
Tuesday, July 21
4 - 4:30 p.m.

Cooking w/Gas: 30 Minute Kid-Friendly Recipes
Suzanne Ogle, SGA President & CEO, will lead a cooking class for your kids and you.
Wednesday, July 22
4 - 4:30 p.m.

Sippin with SGA
Learn how to make three fun drinks.
Thursday, July 23
4 - 4:30 p.m.
Your Child(ren) Drawing(s) of Natural Gas
Have your child(ren) grades K - 12 draw (in advance) what you do in the gas industry. Show them in this event. We will put the pictures on SGA social media.
Monday, July 27
4 - 4:30 p.m.

Women and Leadership (Men Welcome)
SGA’s Women & Leadership Committee is designed to connect, collaborate and cultivate individuals in the natural gas industry, aiming to enhance their leadership skills and knowledge.
Tuesday, July 28
4 - 4:30 p.m.

Stress Reduction Tips & Tricks
We all face stressful times throughout our lives. Learn some tips and tricks to help you with stress.
Wednesday, July 29
4 - 4:30 p.m.

Sippin with SGA
Learn how to make three fun drinks.
Thursday, July 30
4 - 4:30 p.m.

Virtual Lounge: Week 3 | July 27 - 30
Attendees and their families are welcome to join us for fun playing Bingo. Prizes will be given.

**Bingo for Attendees & Their Families**

- **Monday, August 3**
  - 4 - 4:30 p.m.

**NEWLY FORMING - Young Professionals Gathering - Ages 22 - 40**

Join this group of driven young professionals and dynamic emerging leaders. Membership is open to natural gas professionals ages 22 - 40. We want to help you continue to grow.

- **Tuesday, August 4**
  - 4 - 4:30 p.m.

**Cooking w/Gas: 30 Minute Quick Meals**

Join Cindy Mitchell, SGA Senior Director of Administration and Member Experience, in learning how to cook 30 minute quick meals.

- **Wednesday, August 5**
  - 4 - 4:30 p.m.

**Sippin with SGA**

Learn how to make three fun drinks.

- **Thursday, August 6**
  - 4 - 4:30 p.m.